



Sea of red. Runners warm up before the race. Warm ups are an extremely important of running to avoid injuries. PHOTOS/MICHAEL KAKUMIRIZI



Up for it. Youngster Mathew Musinguzi topped the 1.7km run.

BSK family runs to fight autism

Support. Last year, BSK raised about Shs20m for the children at Missionaries of the Poor.

BY MAKHTUM MUZIRANSA

Students, teachers, and the community surrounding British School of Kampala (BSK) came together last Saturday to paint the hills of Muyenga red as they ran for persons with autism.

Autism is a condition related to brain development that affects how people see others and socialize with them.

For eight editions now, the school in memory of a teacher lost during childbirth, holds 8.5km (black route), 1.7km (blue) and 3.5km (red) runs in the areas of Muyenga to give back to different groups.

Last year, BSK raised about Shs20m for the differently abled children at Missionaries of the Poor.

"This year, our target was to raise Shs30m to support these wonderful children," one of BSK director Rober-

ta Newman said as she highlighted one student Jasmine Najjuko, who raised Shs1m off her Instagram following for the funds that were extended to Mukisa Foundation, a prevention and therapy centre for families with children with disabilities in Uganda.

The school also used the day to commission an Optimum Learning Centre for the children with neuro-diversity. Another school director Winnie Bagonza and Assistant Inspector General of Police (director counter terrorism) David Wasswa Ssendendo, who has a son that has benefited from this kind of care, also graced the occasion and emphasized the need for awareness in this area.

Bashir Omari recovered from a knee injury that affected him in this year and stay on the podium for four years in a row.

Mathew Musinguzi topped the 1.7km while Vianney Mayinja beat swimmers George Bageya and Shawn Kimbowa to first place in the 3.5km race.



Good place. AIGP David Wasswa Ssendendo commissioned BSK's optimum learning centre (OLC) for children with neuro-diversity.

Consistent. Bashir Omari on yet another podium.

You only live once. Runners had fun in all possible ways.

