

UMC Victoria Hospital boosts Camp in Gayaza

PHOTO BY GERALD KIKULWE

By Gerald Kikulwe

The inaugural 2025 Future Stars Multi-Sports Training Camp has received a major boost, thanks to UMC Victoria Hospital stepping in as a key health and wellness partner. The hospital has committed to delivering comprehensive medical support to ensure that every young athlete attends the camp in top physical and mental shape.

Their medical team will offer on-site first aid, conduct routine health assessments, and equip the participants with basic first-aid skills. In addition, the hospital will provide mental-health training, screening for various health concerns, and guidance on maintaining overall well-being. This wide-ranging support is expected to create a safe, nurturing, and high-performance environment for all budding talents.

UMC Victoria Hospital's involvement reflects a strong commitment to youth development.

According to Leonor Agasha



Dr. Oundo (2nd left), Mariam Nanfuka (3rd left) Leonor Agasha (2nd right), Paul Nandidde (R)

Trubisha, Manager of UMC Clinics, and Dr. Chrispinos Oundo, the decision to back the camp is rooted in their belief in holistic growth. As they emphasised,

"A successful sportsperson must be healthy in every aspect of life."

Dr. Oundo noted that Uganda has the capacity to produce top-tier athletes who not only excel in their disciplines but also thrive academically.

"Talent does not limit academic excellence," he said, underscoring the importance of balanced development.

Trubisha added that the hospital will also offer psychotherapy sessions for all participants, addressing mental-health challenges, substance-abuse concerns, and career-guidance needs—further reinforcing the camp's holistic approach.

The camp kicked off

yesterday and will run until December 17 at Gayaza Junior School and Gayaza High School.

Parents wishing to enroll their children in the Vision Group, Prestige Margarine, and MTN MOMO-sponsored program can pay sh400,000 via MOMO Merchant Code 17645376. Registration is available through the link: <https://gayazahs.sc.ug/Future-Stars>.