



# What teens need to understand about the digital law

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BY DAPHINE NAKABIRI

In today's rapidly evolving digital environment, young people are interacting with technology in ways that allow them unprecedented reach and influence. Social media platforms have transformed teenagers from mere consumers of information into active publishers, capable of distributing content instantly and widely.

However, in pursuit of online visibility, whether through increased followers, viral attention, or maintaining engagement metrics such as likes and streams many adolescents unintentionally engage in conduct that falls within prohibited online behavior.

It is important to understand that the contemporary digital space is no longer informal. It is a regulated environment governed by established legal frameworks, including the Computer Misuse Act as amended.

The spike from 245 to 474 reported

cybercrimes between 2023 and 2024 shows clearly that cyber-offences, including misuse of social media, data misuse, and fraud are increasing, indicating that the environment teens are entering is riskier.

According to Harriet Nakato, a law graduate, the law recognises the significant impact digital communication can have on public order, personal security, and national stability.

She explains, "For this reason, it is imperative that teenagers understand that online expression is subject to legal accountability in the same manner as conduct in the physical world."

Just as breaking rules in a school setting carries consequences, so too can a single post, video, or statement made hastily online result in legal penalties, school sanctions, and long-term effects on one's academic and professional trajectory, as well as one's reputation. Understanding digital law is therefore essential for responsible participation in Uganda's digital ecosystem.

## The Computer Misuse Act

In 2011, Uganda passed the Computer Misuse Act to address early digital threats such as hacking, unauthorised access to systems, and electronic fraud. By 2022, however, the online world had completely shifted. Social media had become a central part of many people's lives, and communication was no

longer limited to texts or emails. Platforms like TikTok, Snapchat, Instagram, and X (formerly Twitter) enabled users to become public publishers.

With this increased power came heightened risks; fake news spread faster, cyberbullying became more harmful, anonymous accounts began targeting public figures, and private data circulated without consent.

To address these changes, the law was updated to reflect the reality of digital behavior in a world where a post can go viral in hours and cause national controversy. The 2022 amendments broadened the scope of online offences, adding new penalties for sharing harmful, misleading, abusive, or unsolicited information.

For teens, many of whom treat their phones as an extension of themselves, the law makes no exemptions. Whether an influencer or an ordinary student, the rules apply. Just as knowing road rules prevents accidents, understanding digital law ensures accountability, promotes responsible internet use, and helps users recognise when online activity crosses into an offence.

## Understanding the law and its offences

The Computer Misuse Act defines several offences that teenagers and all internet users must be aware of. These include unauthorised access, which covers logging into someone else's account or system without permission, hate speech or spreading malicious rumors which involves posting content that insults, threatens, or falsely maligns an individual or group.

Cyber harassment as an offence encompasses repeated online threats, bullying, or obscene messages, while sharing personal information of minors without consent is strictly prohibited. Additionally, using a false identity online to deceive, impersonate, or commit offences is punishable under the law.

While many youths have breached the law, a recent case illustrates the seriousness of these

## The Act

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offences. Edison Ssemugenyi, a Senior Six student was convicted during preparations for his final examinations and sentenced to six months in prison for using his TikTok account to spread malicious information about President Museveni and making statements regarding the sexual orientation of the Chief of Defence Forces, Gen Muhoozi Kainerugaba. The student pleaded guilty to two counts of malicious information under the Computer Misuse Act. Nakawa Chief Magistrate Esther Nyadoi ruled the statements were knowingly false and harmful and ordered that he remain in Luzira Prison until January 6, when his trial is set to begin.

This case illustrates how quickly online behaviour can have serious repercussions, highlighting the importance of understanding the law.

## Consequences of breaking the digital Law

Violating the provisions of the Computer Misuse Act carries serious consequences that extend beyond immediate legal penalties. Offenders may face fines, imprisonment, or both, depending on the severity of the offence.

Legal action can also lead to school sanctions, including suspension or expulsion, particularly when the offence involves classmates or school-related platforms. Beyond these repercussions, a single online misstep can have long-term effects on one's academic record, future employment opportunities, and overall reputation.

Even posts intended as jokes or spur-of-the-moment reactions can cause irreversible harm if they spread false information, target an individual, or constitute harassment. For teens, exercising caution and discretion in digital spaces is critical, as accountability online mirrors responsibility in the physical world.

## Benefits of the Computer Misuse Act

The Act is not solely punitive, it also provides important protections for young people navigating the digital space. For instance, it safeguards personal information and privacy, ensuring that sensitive data, including that of minors, is not exploited without consent. This protection helps prevent identity theft, unauthorised sharing of private content, and misuse of personal images or information, giving teens and their families confidence online.

The Act also protects individuals from harassment, cyberbullying, and the circulation of malicious content, providing victims with legal recourse. It allows individuals to report and seek justice for such abuses, creating a safer digital environment where users can engage online with greater confidence.

Similarly, it helps maintain the integrity of digital platforms and information, discouraging the spread of false or harmful content and promoting responsible online communication. By clearly defining offences such as hate speech, malicious rumours, and false identities, the Act encourages ethical online behaviour and teaches teens the limits of acceptable conduct. Understanding and respecting the law helps young people build a positive digital reputation, which can impact academic success, employment prospects, and social credibility. Ultimately, the Computer Misuse Act empowers teens to use the internet confidently and safely, balancing freedom

of expression with accountability while protecting both themselves and the wider community.