



# MAMA TENDO

## EMPHASISE THE CHRISTMAS MESSAGE

**B**eyond the celebrations, Christmas season is an opportunity to teach children good behaviour. Values, such as respect, discipline, obedience and self-control; both at home and in the community, help strengthen family relationships.

The birth of Jesus Christ reminds families of the importance of kindness, care and responsibility toward one another. In the holidays while children spend more time with relatives, it is good timing to empathise these values, in addition to politeness, attention when corrected and adherence to household rules. This Christmas, I encouraged my children to buy small gifts for their parents and for one another. Their enthusiasm and commitment brought great joy to our family.

Children should also take part in household chores that teach discipline, teamwork and appreciation for their parents' efforts. At the same time, parents must remain vigilant, guiding children on personal boundaries and protecting them from vices, including sexual misconduct.

Balancing play with meaningful activities, such as reading, revising school work, and learning new skills, helps children stay mentally active and morally grounded. Screen time, including television, phones and video games, should be monitored.

With proper guidance and protection, families can groom and protect their children while enjoying the bliss of the Christmas season.