

NURTURE CHILDREN WITH GOOD EXAMPLES, NOT INSTRUCTIONS

In most Ugandan homes, faith is central to family life. Many families place great value on teaching children faith-based values. Parents are intentional about raising children with a strong spiritual foundation.

This nurturing is seen across households of different faiths, where children are taught from a young age how to pray and respect religious practices.

The challenge arises when what parents say does not match what they do. Children are always watching. When there is a gap between instruction and example, it shapes how they understand faith. When families face financial challenges, the loss of a job or a loved one, their response reflects their faith.

Do they turn to God in trust and prayer or respond with fear and despair? In

times of success, do they acknowledge God as the source and give thanks or take credit themselves? Faith should not be spoken, but demonstrated. They notice how we speak, respond under pressure and treat others.

A parent may teach kindness, but if the home is filled with harsh words, the message becomes confusing.

We may speak about honesty yet if children see otherwise, they learn a different lesson. Faith, for a child, is not just taught, it is lived.

This does not mean parents must be perfect. One of the strongest lessons children learn is how we handle mistakes. When we apologise, show humility and correct ourselves, we model genuine faith.

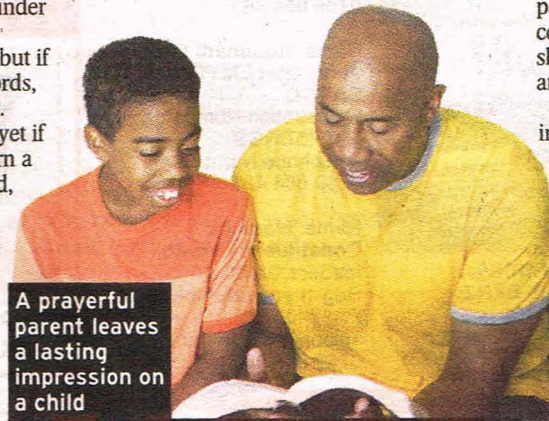
Simple daily practices also shape a child's spiritual life. Praying at home, reading scripture together and giving thanks at mealtime build a strong

foundation. These consistent acts show that faith is not only for places of worship, but part of everyday living.

Faith is revealed in relationships. How parents speak to one another, resolve conflict, forgive and serve others all shape a child's understanding of love and character.

Children may not always follow instructions, but they rarely miss patterns. A home where faith is lived consistently, even in small ways, leaves a lasting impression. At times, parents may feel inadequate. But modelling faith does not require perfection, only consistency, sincerity and intention. In the end, children may forget what we say, but they will remember how we lived.

When faith is visible in our actions, it becomes real in their hearts.



A prayerful parent leaves a lasting impression on a child



MAMA TENDO